

# TRI-TOWN YMCA Annual Campaign



Y We're here...

## To Help Kids Thrive



Last year, TRI-TOWN YMCA made it possible for 252 kids to have a safe, enriching place to learn and build confidence after school; 105 kids to spend their summer days engaged in positive activities; 249 families to reconnect and grow together in our Guides and Princesses programs; and hundreds of volunteers to apply their time and talents to the mission of the Y. As a nonprofit organization, we never turn away anyone who needs us. We rely on the caring members of our community who contribute to our annual campaign to keep that promise.

## To Give Them Someone To Look Up To

Fathers in our Y Guides and Y Princesses programs will tell you how just one small group gathering and one outing extraordinaire per month builds a deep, lasting bond and mutual respect which lasts for a lifetime. This unique Y program has used Native American culture and heritage to promote strong family ties and respect for the natural world for over 80 years. We are very proud to continue that tradition for the benefit of families in our communities.



## To Teach Them Healthy Living & Healthy Values

At TRI-TOWN YMCA, we help children and adults understand and value their health, and we nurture their well-being. We provide resources and guidance to maintain or improve physical activity, health and wellness. We attend community events at schools, churches, and elsewhere to introduce youth and families to new information and experiences, such as fruit flavored water as an alternative to soda, or healthy taste tests of new foods.

## To Help Them Realize Their Potential

TRI-TOWN YMCA believes that all kids deserve the opportunity to discover who they are and what they can achieve. Our staff is trained to cultivate values, skills and relationships that lead to positive behaviors and educational achievement. Tri-Town activities give children the opportunity to become confident kids today and to become healthier, happier adults for tomorrow.

