



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BEST SUMMER EVER™



Participant Handbook for
2020 Tri-Town YMCA Summer Camps
105 W. Maple Street, Lombard, IL 60148
630.629.9622 | tritownymca.org





Tri-Town YMCA at Calvary Church

105 W. Maple Street, Lombard, IL

tritownymca.org | 630.629.9622

Tri-Town YMCA Mission Statement

Tri-Town YMCA has three areas of focus supportive of its mission to unite and serve persons of any religious faith or none, in order to strengthen the community and the individual through growth in body, mind and spirit, by way of living Christian principles.

These three areas of focus are: Youth Development, Healthy Living, and Social Responsibility.

Information in this handbook is subject to change at the discretion of management.

Camp Contact Information

Tri-Town YMCA's Administration Offices are open M-F, 8:30am-4:30pm. The following are the telephone numbers that you can reach us at during the day and before and after office hours:

Administration Offices

Monday - Friday, 9:30am-4:00pm
630.629.9622

Camp Cellphone

Monday - Friday, 7:00am-6:00pm

You will be provided with a cellphone number that is specific to your campsite on the first day of camp.

Camp Email

camp@tritownymca.org



Dear 2020 Tri-Town YMCA Summer Camp Families,

Prepare yourself for the Best! Summer! Ever!® at Tri-Town YMCA's Summer Day Camp program! We are honored to have your child(ren) spending their summer season moving, exploring, and learning with us. And, what will make this the best summer ever, is the feeling of achievement, boost in confidence, and the sense of belonging camp participants will receive! Our dedicated staff will help your child(ren) discover their potential and send them back to school with plenty of camp stories to share!

Following this letter is our summer camp handbook. In this handbook, you will find the camp routines, policies, and procedures. Please go over this information with your child(ren) so they are aware of what to expect when they attend camp this summer.

Should you have any questions, please do not hesitate to reach out to us. We look forward to seeing you this summer and thank you for your continued support of Tri-Town YMCA.

Sincerely,

Holly

Holly Zielinski

Program Director

development@tritownymca.org

630.629.9622

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*Please note, all information in this handbook is subject to change.
For general registration information, please contact our Administration Office or visit tritownymca.org.*



Tri-Town YMCA Employees

Tri-Town YMCA employees are professional people ready to provide your child with the Best. Summer. Ever.® Our employees are all CPR, First Aid, and AED certified in addition to having education and/or experience working in child development. Employees are required to complete comprehensive background checks as part of their employment with Tri-Town YMCA. Our camper to staff ratios are 8 campers to 1 staff member.

Camp Arrival & Dismissal

Camp participants are to be dropped off by 9:00am and are to be picked up between 4:00pm and 6:00pm by a parent/guardian or a designated adult 18 years or older. A parent sign-in/out procedure is in place at camp and must be followed each day. If a parent/guardian wishes to add additional designated adults to pick up their child(ren), they may do so by completing a paper form at Tri-Town YMCA Administration Office or through their family account online.

Camp participants will not be released if this procedure is not followed. Staff may ask for a photo ID until they become comfortable and familiar with the child(ren)'s pick-up person. If a camp participant will be arriving to camp late or departing early, please inform the Camp Coordinator in writing or by calling the Tri-Town Administration Office as soon as possible. The phone number that can be called M-F, 9:30am-4:00pm is 630.629.9622

Late Pick Up

If a camp participant is picked up after 6:00pm, a \$1 fee will be charged for every minute late. For families with multiple children, the fee will be assessed for each participant. For any camp participants who are not picked up within one hour, every attempt will be made to contact the parent/guardian. If no contact is made, every available phone number on the child's emergency contact list will be called. If no contact is made, the local police will be contacted. Late fees will be automatically charged to your credit card on-file or an invoice will be issued. Invoices must be paid within 15 business days.

What to Wear to Camp

Camp participants will be active throughout the days and there is an excellent possibility that they will get dirty. Camp participants should wear clothing that is comfortable and appropriate for the weather.

Open-toed shoes are not allowed as they offer little protection against sticks and other objects that are out in nature. Sandals will be permitted at the swimming pool.

On field trip days, camp participants are to wear their camp t-shirt and on swimming days, campers should bring their swimsuit, towel, and goggles with them. Please be sure to mark clothes, goggles, towels, bags, etc. with the camp participant's name.



Camp T-Shirts

Camp t-shirts will be distributed to camp participants on their first day of camp. Each camp participant will receive one (1) t-shirt. The fee for the camp participant's t-shirt is included as part of your camp registration fee. **Participants must wear their camp t-shirt on field trip days.** Should a camp participant forget to wear their t-shirt on a field trip day, Tri-Town YMCA will lend them a shirt for the day. Please write the camp participant's name inside the t-shirt. Additional camp t-shirts are \$10 and can be purchased at the Administration Office.

What to Bring to Camp

Each day, camp participants should bring the following items marked with their name:

Backpack	Water Bottle	Sunglasses
Hat	Sunscreen Spray, if applicable	Medication, if applicable
Sandals*	Swimsuit*	Towel*
Goggles (optional)*	Shampoo and Conditioner (optional)*	

**Only to be brought on swim days.*

Unless otherwise arranged, please do not bring toys or electronic devices.

Absolutely no weapons or knives are permitted.

Snacks, Meals & Water

Tri-Town YMCA in collaboration with the Northern Illinois Food Bank provides all campers with a healthy morning and afternoon snack each day at camp. Should a camp participant have special dietary needs or would prefer to bring their own food to camp, they are welcome to do so. Tri-Town YMCA endorses a healthy eating environment. We ask that sodas, sugary beverages, candies/desserts, and fried foods are not brought to camp. Campers should bring a water bottle with them to camp each day so that they can stay hydrated throughout the day.

Camp Cookouts

Once per month, camp participants will participate in a Camp Cookout. The older campers will help with the preparation, serving, and clean-up of the food that is served. Traditionally, on Camp Cookout days, campers will be served turkey hot dogs, burgers, fresh fruit, and baked chips/crackers. You will be notified in advance about the dates of Camp Cookouts.

Curriculum, Themes & Field Trips

All Tri-Town YMCA Camps will incorporate a fun weekly theme and daily activities that provide enriching opportunities for personal growth and learning. Curriculum areas include science, technology, engineering, arts, mathematics (STEAM) as well as reading and writing activities. To help prevent summer learning loss, each day, camp participants will spend some time journaling about their day or a specific topics. The following are the themes for camp:

Week	Theme	Field Trip Date & Location
Week 1 6/1-6/5	Superheroes	6/3 Rock n' Jump in Carol Stream
Week 2 6/8-6/12	Grossology	6/10 SciTech Museum in Aurora
Week 3 6/15-6/19	Animal Adventures	6/17 Santa's Village in Dundee
Week 4 6/22-6/26	Camp Hogwarts	6/24 Haunted Trails in Joliet
Week 5 6/29-7/2*	Party in the USA	7/1 Cantigny Park in Wheaton
Week 6 7/6-7/10	Jedi Training	7/8 LaserX Laser Tag in Addison
Week 7 7/13-7/17	You've Got Talent	7/15 Marcus Theaters in Addison
Week 8 7/20-7/24	Rock n' Roll Summer	7/22 Funway in Batavia
Week 9 7/27-7/31	Shark Week	7/29 Waterworks Indoor Water Park in Schaumburg
Week 10 8/3-8/7**	Y Olympics	8/5 Aurora Roller Rink in Aurora
Week 11 8/10-8/14**	Luau	8/12 Paradise Bay Waterpark in West Chicago

**Indicates this is a four-day camp week. Weekly fees will be prorated.*

***Indicates that the program location may be held at an alternate site so that school facilities can setup for the school year.*



Field Trips

Each week, camp participants will travel off-site to explore the community on Wednesdays. Please note, for campers that are not yet entering kindergarten, there will be special field trips that will take place on a different day of the week. Please see the section on page XXX for your campers' specific field trip schedule.

On field trip days, all camp participants are to wear their camp t-shirt. Tri-Town YMCA will lend a t-shirt to camp participants who forget to wear their shirts on field trip days. Tri-Town YMCA will use its own buses or may contract with a local bus company to transport the camp participants to their destinations. In general, camp participants will leave around 10:30am and return by 4:00pm. If a camp participant needs to be picked up early and it is during a time when they are away for a field trip, please be sure to make arrangements with the Camp Coordinator as soon as possible so they can develop a pick up plan and notify camp and office staff.



Nature Trips

Each week, camp participants will go on nature trips. These trips may be right in the backyard, on local nature paths, or nearby nature sanctuary locations. Tri-Town YMCA will use its own buses or may contract with a local bus company to transport the camp participants to their destinations for Nature Trips. If a camp participant needs to be picked up early and it is during a time when they are away for a nature trip, please be sure to make arrangements with the Camp Coordinator as soon as possible so they can develop a pick up plan and notify camp and office staff.

Sample Daily Schedules

These schedules are a sample of what camp days look like and are subject to change based upon the daily program needs. Each Monday, campers' parent(s) /guardian(s) will receive a detailed calendar of what your child's schedule will be for the week along with the snack menu.

Tuesday, Thursday, & Friday Sample Schedule

7:00am-10:00am	Table Activities/Centers & Morning Snack
9:00am-10:00am	Circle Time/Journaling & Outdoor Play
11:00am-1:00pm	Small Group Activities, Lunch, Sunscreen Reminders & Prepare for Swimming Pool/Outdoor Play
1:00pm-3:00pm	Swimming /Outdoor Play (or Movie on Inclement Weather Days)
3:00pm-4:00pm	Sunscreen Reminders, Snack Time, & Small Group Activities
4:00pm-6:00pm	Table Activities for After Camp Participants

Wednesday Sample Schedule

7:00am-10:00am	Table Activities/Centers & Morning Snack
10:00am-11:00am	Circle Time/Journaling & Outdoor Play
11:00am-3:00pm	Field Trip, Lunch & Sunscreen Reminders
3:00pm-4:00pm	Snack Time, Small Group Activities, & Outdoor Play
4:00pm-6:00pm	Table Activities/Centers

Lil' Y's Campers at St. Matthew Parish School Additional Details

Lil' Y's Campers is a program for children that are entering pre-school in the school year. Children must be potty trained and three years of age by the first day of camp. Campers in this program will follow curriculum that is modified so that it is age-appropriate. In addition, campers in this group will have a designated time for resting after lunchtime. Younger campers will also go on field trips that are age appropriate, please see the field trip grid on this page for more information. On field trip days, campers in this program should also wear their camp t-shirt.

Lil' Y's Campers Themes & Field Trips			
Week	Theme	Field Trip Date & Location	
Week 1 6/1-6/5	Superheroes	6/3	Rock n' Jump in Carol Stream
Week 2 6/8-6/12	Grossology	6/10	Sensory Garden Playground in Lisle
Week 3 6/15-6/19	Animal Adventures	6/17	Blackberry Farm in Aurora
Week 4 6/22-6/26	Camp Hogwarts	6/24	Haunted Trails in Joliet
Week 5 6/29-7/2*	Party in the USA	7/1	Cantigny Park in Wheaton
Week 6 7/6-7/10	Jedi Training	7/8	Ball Factory in Naperville
Week 7 7/13-7/17	You've Got Talent	7/15	DuPage Children's Museum in Naperville
Week 8 7/20-7/24	Rock n' Roll Summer	7/22	Pirate's Cove in Elk Grove Village
Week 9 7/27-7/31	Shark Week	7/29	Maryknoll Park & Splashpad in Glen Ellyn
Week 10 8/3-8/7**	Y Olympics	8/5	The Treehouse in West Chicago
Week 11 8/10-8/14**	Luau	8/12	Bounce Around in Wheaton

Camp Adventure at Jefferson School Additional Details

Camp Adventure at Jefferson School is for participants who are entering 6th - 8th grade. Thanks to our partnership with School District 45, campers in this program will have additional access to special learning labs in the school where they can make decisions about their camp experience. Participants will have guided and self-discovery opportunities for building new skills in areas such as cooking, coding, and strength training. Campers in this program will also participate in service experiences that help either younger campers in the Y's Camp program or they will go off-site to help with projects such as packing meals at Feed My Starving Children. For more information about the off-site experiences, please see the chart on this page.

Camp Adventure Service Experiences		
Week	Service Experience	
Week 1 6/1-6/5	6/11	To Be Announced
Week 2 6/8-6/12	6/25	To Be Announced
Week 3 6/15-6/19	7/9	To Be Announced
Week 4 6/22-6/26	7/23	To Be Announced
Week 5 6/29-7/2*	8/6	To Be Announced



Swimming

Camp participants will visit Jefferson Swimming Pool in Villa Park two or more times per week. The first time your camper goes swimming with us, they will be evaluated on their swimming proficiency. Based on their ability, they will be assigned to a wristband color that will identify what area of the pool they are permitted to swim in during our pool visits (Red - Zero-depth to 3 feet; Yellow - 3 feet - 5 feet; Green - water depth greater than 5 feet). Should campers improve their competency during the season, they may be reevaluated by Y staff and Jefferson Swimming Pool lifeguard staff.

It is recommended that camp participants come dressed with their swimsuit on under their play clothes on swimming pool days. Afterwards, camp participants will have the option to rinse off before changing into their play clothes. Please be sure to send your camper with goggles, a towel, sun protection, and their change of clothes. If your child requires moisturizer to be applied after swimming/rinsing, please be sure to relay this information in your registration materials.

During swim time, camp staff will supervise the camp participants from the pool deck and from the water. A lifeguard will also be on duty at the facility. In the event of inclement or extreme weather, swimming will be postponed or cancelled for the day. For camp participants who bring sunscreen with them to camp, the sunscreen will be reapplied halfway during their swim time and again after leaving the swimming facility.



Do you have
a friend or a family member
visiting this summer and want
to bring them to camp for a few
days? Now you can!

Call us at 630.629.9622
to learn more about
Single-day registration options.



Camp & Bus Behavior Expectations

All Tri-Town YMCA participants and if appropriate, parent(s)/guardian(s) are to review and agree to the following Code of Conduct:

- Demonstrate positive, respectful, an inclusive behavior.
- Listen and follow directions.
- Profanity and/or vulgar language is prohibited.
- No pushing/shoving.
- Physical fighting and/or threats are prohibited and will result in immediate suspension.
- All garbage/recycling is to be placed in appropriate containers.
- Be conscious of acceptable volume level, especially when riding in Tri-Town YMCA vehicles/school buses.
- While riding in Tri-Town YMCA vehicles/school buses, riders are to remain seated forward and keep the aisle clear.

Participants who do not follow the Code of Conduct may be given a warning, a thinking time-out, an activity time-out, or may be suspended. Three suspensions will result in the dismissal from current and future programming. Parents will be notified by camp staff during pick up time of any concerns that may have come up during the camp day. No refunds will be issued for participants dismissed from Tri-Town YMCA programming.

Character Development

Tri-Town YMCA is pleased to learn that it has been awarded a national grant for the focus on improving character development and social emotional learning in youth. The areas that Tri-Town YMCA will be practicing during summer camp include:

- Emotion Management
- Responsibility
- Personal Development
- Relationship Building
- Empathy

As part of this work and in an effort to understand how we can make continual improvements, Tri-Town YMCA may ask you or your camper to participate in surveys that describe how they are feeling about camp. As with all surveys, the data that is collected will be compiled and kept confidential.

Medication Administration & Sunscreen Application During Camp

If a participant has prescribed medication that needs to be administered during a program/course/activity/event, a Medication Authorization Form is to be completed. All medications must be in the original packaging and include the name of the participant and the prescribing doctor's name. For everyone's safety, medication will be stored with the program leader and will be returned to the participant's parents at the end of camp each day. Participants who have asthma or anaphylaxis will be permitted to carry their medications with them so that they can immediately administer it in the event of an emergency situation. You may be asked to complete a separate form for inhalers or epi-pens so that our staff is informed of your child's needs. Participants who are diabetic will be asked to complete a diabetes care plan prior to the first day of camp.

Sun safety is exercised and endorsed at Tri-Town YMCA's Summer Camp. Camp participants are encouraged to bring with them spray sunscreen labeled with their name on the bottle. Throughout the day, camp participants will be reminded to reapply their sunscreen.

Sick Child

Camp participants must be free of fever and contagious illnesses to attend Tri-Town YMCA summer camp. If a participant becomes sick during camp, Tri-Town YMCA will contact the parent/guardian to pick-up their child/ward. A child/ward may return to camp after being free of fever or contagious illness for 24 consecutive hours. Per State of Illinois law, in some cases, a doctor's note may be required to return to camp.

Restroom Breaks

All camp participants must be able to use the restroom and be toilet trained. Throughout the day, camp participants are provided breaks to utilize the restrooms together as a group. In the event that a camp participant needs to use the washroom outside of the designated break time, the camp staff will bring the participant to the nearest washroom and also bring a third person so that no one is left alone.

Program Fee Payment

There is a \$40 per child registration/materials fee that is due at the time of registration. The program fee is \$195 per child per week. There are also single-day, and two, three, and four-day camp registration options. Program fees can either be paid in full at the time of registration or on a weekly basis. Those who choose to pay camp fees on a weekly basis will be required to keep a valid credit card on-file. Credit cards will be charged on the Friday prior to the start of the camp week. Credit cards that do not go through at the time of processing will be subject to a \$10 late payment fee. Participants are required to be registered for camp by no later than the Wednesday prior to the week of camp. If you register your child after Wednesday, you may be subject to a \$10 late add fee.

Registration Requirements

Per the requirements of the State of Illinois, all campers will need to have a completed Authorized Pick-up Form, their insurance and primary care physician/pediatrician's contact information, a copy of their birth certificate, and a copy of their immunizations on-file with Tri-Town YMCA.

***If you have additional questions that have not been answered by this handbook,
please contact our Administration Office.
All information listed in this handbook is subject to change at the discretion of management.***