
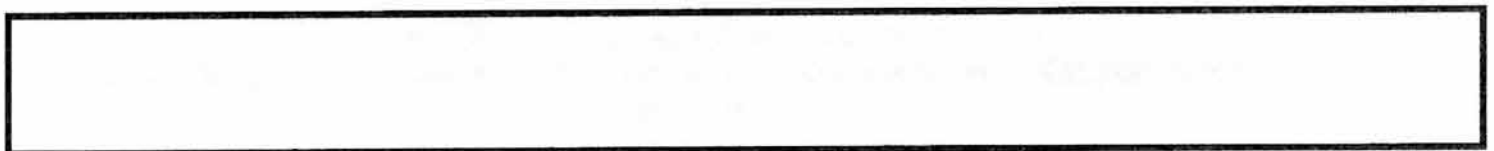




# Breakfast JULY 2022

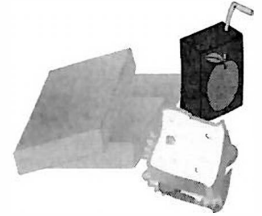



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>01</b> Corn Flakes Banana 1% White Milk
<b>04</b> NO MEAL SERVICE 	<b>05</b> Honey Graham Square Cereal Fresh Pear 1% White Milk	<b>06</b> Peach Yogurt WG Graham Crackers Plum 1% White Milk	<b>07</b> Cheerios Banana 1% White Milk	<b>08</b> Apple Muffin Fresh Orange 1% White Milk
<b>11</b> Apple Cinnamon Cheerios Mixed Berry Applesauce 1% White Milk	<b>12</b> Blueberry Yogurt Granola Fresh Peach 1% White Milk	<b>13</b> Cinnamon Toasters Cereal Fresh Pear 1% White Milk	<b>14</b> Cornbread Applesauce 1% White Milk	<b>15</b> Bagel Cream Cheese Fresh Orange 1% White Milk
<b>18</b> Honey Scooters Cereal Fresh Apple 1% White Milk	<b>19</b> Strawberry Yogurt Cinnamon Raisin Bread Fresh Orange 1% White Milk	<b>20</b> Cocoa Puffs Cereal Bar Pineapple Tidbits 1% White Milk	<b>21</b> Raisin Bran Banana 1% White Milk	<b>22</b> Blueberry Muffin Berries 1% White Milk
<b>25</b> Cherry Vanilla Yogurt Granola Fresh Orange 1% White Milk	<b>26</b> Apple Oatmeal Bar Pineapple Tidbits 1% White Milk	<b>27</b> Banana Muffin Fresh Pear 1% White Milk	<b>28</b> Cinnamon Raisin Bagel Cream Cheese Flavored Applesauce, 1/2c 1% White Milk	<b>29</b> Corn Flakes Banana 1% White Milk





# COLD BOX LUNCH JULY 2022



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>01 Buffalo Chicken Wrap</b> Diced Chicken, 2oz Buffalo Sauce, 1oz Cheddar Cheese, .5oz WG Tortilla, 2oz Green Peppers, 1/3c Orange, 1/2c Condiments FF Chocolate Milk, 8oz
<b>04 NO MEAL SERVICE</b> 	<b>05 Sunbutter Sandwich</b> Sunbutter Sandwich, 2.6oz Cheese Stick, 1oz WG Cheddar Crackers, 1oz Carrots, 1/3c Apple, 1/2c Ranch Dressing, 1ea FF Chocolate Milk, 8oz	<b>06 Cold Cut Combo</b> Turkey Ham, Turkey Salami, Turkey Bologna, 3oz WG Hoagie Roll, 2oz Cucumber Slices, 1/2c Peach, 1/2c Mayo, 1ea 1% White Milk, 8oz	<b>07 BBQ Chicken Sandwich</b> Grilled Chicken, 2.5 oz WG Hamburger Bun, 2oz Cole Slaw, 1/2c Orange, 1/2c BBQ Sauce, 1ea FF Chocolate Milk, 8oz	<b>08 Turkey Ham &amp; Swiss</b> Sliced Ham, 2oz Swiss Cheese, .75oz WG Hoagie Roll, 2oz Carrots, 1/4c Flavored Applesauce, 1/2c Condiments, 1% White Milk, 8oz
<b>11 Poor Boy Sandwich</b> Turkey Bologna 1oz, Turkey Salami, 1oz American Cheese, .5oz WG Hot Dog Bun, 2oz Carrots, 1/4c Flavored Applesauce, 1/2c Low-Fat Ranch, 1ea FF Chocolate Milk, 8oz	<b>12 Turkey Croissant</b> Turkey, 2oz Cheddar Cheese, .75oz WG Croissant, 2oz Grape Tomatoes, 1/3c Apple, 1/2c Condiments 1% White Milk, 8oz	<b>13 Honey Mustard Chicken Sandwich</b> Grilled Chicken Strips, 2oz Pepper Jack Cheese, .75oz Hoagie Roll, 2oz Carrots, 1/4c Orange, 1/2c Honey Mustard Sauce, 1oz FF Chocolate Milk, 8oz	<b>14 Italian Combo</b> Turkey Ham, Turkey Salami, Turkey Pepperoni 3oz Hoagie Roll, 2oz Cucumber Slices, 1/2c Flavored Applesauce, 1/2c Italian Dressing, 1ea 1% White Milk, 8oz	<b>15 Bologna &amp; Cheese</b> Turkey Bologna, 2oz Colby Jack Cheese, 75oz WG Hot Dog Bun, 2oz Green Pepper Slices, 1/3c Pear, 1/2c Condiments FF Chocolate Milk, 8oz
<b>18 Turkey Sandwich</b> Turkey, 2oz Provolone Cheese, .75oz WG Bread, 2oz Vegetable Sticks, 1/4c Pear, 1/2c Mustard, 1ea 1% White Milk, 8oz	<b>19 Salami &amp; Cheese</b> Turkey Salami, 2oz American Cheese, .75oz WG Hoagie Roll, 2oz Broccoli, 1/3c Peach, 1/2c Condiments FF Chocolate Milk, 8oz	<b>20 Meat Lovers Sandwich</b> Turkey, Turkey Ham, Turkey Salami, 3oz WG Bread, 2oz Carrots, 1/2c Plum, 1/4c Condiments 1% White Milk, 8oz	<b>21 Grilled Chicken Salad</b> Grilled Chicken, 2oz Cheese Cubes, 1oz WG Breadstick, 1oz Romaine Lettuce, 1c Grape Tomatoes, 1/8c Orange, 1/2c Ranch Dressing, 1ea FF Chocolate Milk, 8oz	<b>22 Chicken Pita</b> Grilled Chicken, 2oz Cheddar Cheese, .5oz Whole Wheat Pita, 2oz Green Peppers, 1/3c Apple, 1/2c Condiments 1% White Milk, 8oz
<b>25 Buffalo Chicken Wrap</b> Diced Chicken, 2oz Buffalo Sauce, 1oz Cheddar Cheese, .5oz WG Tortilla, 2oz Green Peppers, 1/3c Pear, 1/2c Condiments FF Chocolate Milk, 8oz	<b>26 Sunbutter Sandwich</b> Sunbutter Sandwich, 2.6oz Cheese Stick, 1oz WG Cheddar Crackers, 1oz Broccoli, 1/3c Apple, 1/2c Ranch Dressing, 1ea 1% White Milk, 8oz	<b>27 BBQ Chicken Sandwich</b> Grilled Chicken, 2.5 oz WG Hamburger Bun, 2oz Cole Slaw, 1/2c Orange, 1/2c BBQ Sauce, 1ea FF Chocolate Milk, 8oz	<b>28 Turkey Ham &amp; Swiss</b> Sliced Ham, 2oz Swiss Cheese, .75oz WG Hoagie Roll, 2oz Carrots, 1/4c Flavored Applesauce, 1/2c Condiments, 1% White Milk, 8oz	<b>29 Cold Cut Combo</b> Turkey Ham, Turkey Salami, Turkey Bologna, 3oz WG Hoagie Roll, 2oz Cucumber Slices, 1/2c Peach, 1/2c Mayo, 1ea FF Chocolate Milk, 8oz

**ALL MEALS SERVED WITH A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK** (Milk contains no growth hormones or antibiotics)  
 All grains offered are WHOLE GRAIN rich. MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY.

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